

Velocity VBC 2009-2010 Schedule

| Team | Date | Day | Venue | Start | End | Notes |
|----------|----------|-----|--------|-------|-------|--|
| 16 North | 11/1/09 | Sun | PCMINI | 7:30 | 9:30 | Bring deposit; checks payable to Glenbrook Athletic Club |
| 16 North | 11/4/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 11/8/09 | Sun | PCMINI | 7:30 | 9:30 | |
| 16 North | 11/11/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 11/15/09 | Sun | PCMINI | 7:30 | 9:30 | |
| 16 North | 11/18/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 11/22/09 | Sun | PCMINI | 7:30 | 9:30 | |
| 16 North | 11/25/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 11/29/09 | Sun | PCMINI | 7:30 | 9:30 | |
| 16 North | 12/2/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 12/6/09 | Sun | --- | --- | --- | Illinois Heat Tournament in Aurora |
| 16 North | 12/9/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 12/13/09 | Sun | PCMINI | 7:30 | 9:30 | |
| 16 North | 12/16/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 12/20/09 | Sun | PCMINI | 7:30 | 9:30 | |
| 16 North | 12/23/09 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 12/27/09 | Sun | --- | --- | --- | Mayor Daley Fest at McCormick Place in Chicago |
| 16 North | 12/28/09 | Mon | --- | --- | --- | Mayor Daley Fest at McCormick Place in Chicago |
| 16 North | 12/30/09 | Wed | --- | --- | --- | Off - No Practice due to Holiday |
| 16 North | 1/3/10 | Sun | FRC | 6:00 | 8:00 | |
| 16 North | 1/6/10 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 1/10/10 | Sun | --- | --- | --- | Energy Northside Series in Niles |
| 16 North | 1/13/10 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 1/17/10 | Sun | FRC | 6:00 | 8:00 | |
| 16 North | 1/20/10 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 1/24/10 | Sun | --- | --- | --- | Windy City Invite by Powerhouse at UIC |
| 16 North | 1/27/10 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 1/31/10 | Sun | FRC | 6:00 | 8:00 | |
| 16 North | 2/3/10 | Wed | CVC | 8:00 | 10:00 | |
| 16 North | 2/21/10 | Sun | --- | --- | --- | Energy Northside Series in Niles |
| 16 North | 3/7/10 | Sun | --- | --- | --- | Net Force Invite in Waukegan |
| 16 North | 3/21/10 | Sun | --- | --- | --- | Circus Series in Schaumburg |

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| | Tournament |
| | Pending |
| | Practice |
| | Cancelled |

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| CHA | Christian Heritage Academy - South Entrance |
| CVC | Canaan Vision Center |
| FRC | Feldman Rec Center/Golf Maine Park District |
| PCMAIN | The Park Center - Main Gym |
| PCMINI | The Park Center - Mini-Gym |